



Plant Powered for Health Presents:

Dr. Robert Breakey, MD



Health Is The Gift You Give Yourself

Wednesday October 3rd, 2018
6:00-8:00pm

- Health begins to decline for most Americans when they reach middle age. Yet this doesn't happen in areas of the world where a Whole Food Plant Based lifestyle is the cultural norm.
- Dr. Breakey lays out the incredible health benefits of this way of life for both you and your love ones. A Q+A session follows his presentation!
- Whole foods plant based (vegan) potluck at 6pm to kick the meeting off, please join us for dinner/discussion and welcome our speaker!
- There is no cost for this event, but donations will be accepted.

Dr. Breakey, MD is a 5th generation graduate from the University of Michigan Medical School. He completed his Family Medicine residency at the University of Wisconsin in 1984. He has practiced Lifestyle Family Medicine in Ann Arbor for 32 years, and has a special interest in Whole Food Plant Based Nutrition and the natural healing process!

The address is:
GRCC DeVos Campus-Snedden Hall-Meeting Room 108
415 Fulton St E
Grand Rapids, MI 49503

Questions? Plantpoweredforhealth@gmail.com
Blog: PlantPoweredforHealth.com